

# WORK SAFE. HOME SAFE.



## Your Injury, Their Burden—Why Workplace Safety Matters at Home

**Ever thought about how your family would cope if you got hurt on the job?**

It's not just about missing work. Injuries can bring **financial strain, emotional stress, and added pressure on loved ones** who have to pick up the slack.

Kids can feel anxious.

Relationships can be tested.

Your mental health can take a hit.

**The good news? Most injuries are preventable.**

By following safety protocols, reporting hazards, and taking care of yourself, you help protect the people who count on you at home.

Your safety, your health and your well-being matter—take a moment to check out [the poster](#) to remind yourself how to stay safe—at work and at home!

### Access Additional Resources and Information

- Visit [GetHomeSafeND.com](#) for videos of companies embracing the safety movement and more posters with safety tips and reminders.
- Follow Get Home Safe North Dakota on [LinkedIn](#), [Facebook](#), and [YouTube](#) for more tips and resources.

[\*\*Learn more about Get Home Safe North Dakota.\*\*](#)