

WORK SAFE. HOME SAFE.



Your Injury, Their Burden—Why Workplace Safety Matters at Home

Ever thought about how your family would cope if you got hurt on the job?

It's not just about missing work. Injuries can bring **financial strain, emotional stress, and added pressure on loved ones** who have to pick up the slack.

Kids can feel anxious.

Relationships can be tested.

Your mental health can take a hit.

The good news? Most injuries are preventable.

By following safety protocols, reporting hazards, and taking care of yourself, you help protect the people who count on you at home.

Your safety, your health and your well-being matter—take a moment to check out [the poster](#) to remind yourself how to stay safe—at work and at home!

Access Additional Resources and Information

- Visit [GetHomeSafeND.com](https://gethomesafenorthdakota.com) for videos of companies embracing the safety movement and more posters with safety tips and reminders.
- Follow Get Home Safe North Dakota on [LinkedIn](#), [Facebook](#), and [YouTube](#) for more tips and resources.

[Learn more about Get Home Safe North Dakota.](#)