







# KEEP YOUR FEET ON SOLID GROUND

**First-year team members account for over half our falls.  
Let's keep everyone safe with these tips:**

-  **WATCH YOUR SURROUNDINGS:**  
Be aware of hazards. Report unsafe conditions.
-  **WEAR PROPER FOOTWEAR:**  
Use anti-slip shoes, especially in winter.
-  **TAKE IT SLOW:**  
Don't rush, particularly on ice or snow.
-  **USE HANDRAILS:**  
On stairs or slippery surfaces.

Protect yourself and others. Stay alert, stay safe!

Access resources  
and information:







[workforcesafety.com/GHSND](https://workforcesafety.com/GHSND)





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