

Important Notice to Workers

If You Are Injured at Work

Get first aid or medical care right away.

- If your employer does not have a Designated Medical Provider (DMP), you may see any medical provider.
- If your employer has a DMP, you must see that provider unless you chose your own DMP before the injury.
- **In an emergency, you may receive care from any medical provider.**

Tell your employer about the injury right away.

- Notify your employer as soon as possible. Workforce Safety & Insurance (WSI) may deny your claim if you do not report the injury to your employer within 7 days.
- Notify your employer even if you do not receive medical treatment, so they are aware of any potential hazards.

Filing a Workers' Compensation Claim

- File a claim with WSI within 24 hours after a work-related injury.
- To file a claim, complete a First Report of Injury (FROI) with your employer, if possible. If that is not possible, you may complete and submit the FROI online at www.workforcesafety.com.

What Happens After a Claim is Filed?

- A claim number is assigned.
- WSI reviews the information and medical records and makes a decision.
- You and your employer are notified of the decision.

Your Responsibilities

- Tell medical provider(s) your claim number.
- Stay in touch with your employer and share updates about your condition.
- Notify WSI immediately if any of the following apply:
 - You work, whether paid or unpaid.
 - Your address or telephone number changes.
 - You apply for Social Security disability or retirement benefits, or you qualify for them.

For more information, visit www.workforcesafety.com.

Your Employer's DMP is:

Employers: The DMP selection must be posted where workers can see it at all locations, including mobile worksites. If you do not post or share this notice, the DMP selection is not valid.

If you suspect fraud, report it to WSI at 800-243-3331 or online at www.workforcesafety.com

1600 E Century Ave, Ste 1 - PO Box 5585 - Bismarck, ND 58506-5585

Customer Service: 800-777-5033 or 701-338-3800

Hearing Impaired: 800-366-6888

Decision Review Office: 800-701-4932 or 701-328-9900

Fraud and Safety Hotline: 800-243-3331

WSI
North Dakota Workforce
Safety & Insurance