

WORK SAFE. HOME SAFE.



Most Falls Are Smaller and Still Dangerous

Most serious falls don't come from high places. They happen during everyday tasks.

Slippery steps, a shaky ladder, or a quick trip on a scaffold can land you in the ER instead of at your dinner table.

This month, let's focus on the basics:

- Use handrails.
- Check ladders before you climb.
- Keep platforms clear and don't rush.

Most falls happen on the way down, so take your time and stay aware.

One small slip can change everything. Every step should be one that gets you closer to being home safe.

Share the reminders with our [safety poster](#).

Additional Safety Resources for Slips, Trips, and Falls

[OSHA Scaffold Safety](#)

[CDC/NIOSH Fall Prevention](#)

Find more safety tools here:

- Subscribe to our [YouTube channel](#) for videos.
- Follow Get Home Safe North Dakota on [LinkedIn](#) and [Facebook](#) for more tips and resources.

[Learn more about Get Home Safe North Dakota.](#)